

The Acorn Centre - Life Skills Curriculum Overview

Termly Focus		1	2	3	4	5	6	7
Autumn	1	Friendships	Relationships	Rules and Expectations	People Who Help Us	Routines	Cooking	Consolidating Learning
	2	Keeping Healthy	Personal Hygiene	How to make a plan	Time Management Skills	Organising skills	Cooking	Consolidating Learning
Spring	1	My emotions	Staying Safe at Home	Technology	Getting Dressed	Cooking	Consolidating Learning	
	2	Keeping things clean	Going to Work	Similarities and Differences	Cooking	Navigation	Consolidating Learning	
Summer	1	Self-Awareness	Communication	Staying Safe on Trips	Caring for the Environment	Using Public Transport	Consolidating Learning	
	2	Caring for the Environment	Leisure	Going to the shops	Consolidating Learning	Achievements and Goals		