

PREVENTING CHILD ABUSE

Internet Safety Training for Parent and Child

We would never suggest that young people avoid social media, but we cannot ignore the clear and present danger of harm online that we all need to be aware of.

The purpose of this session is:

- Learn together with your child - what is the underbelly of the internet?
- Change behaviour online and think about the consequences of making a mistake;
- Build digital resilience and become a good digital citizen;
- Learn the pitfalls and how to avoid them

Training options for this course are:

- Parents attend with their child
- Schools ensure every pupil from years 5 to 11 attend throughout the course of a day and parents attend in the evening for the same training

Suggested duration of this training is 30 minutes to 1 hour for children and 1.5 to 2 hours for parents

The session will cover:

- Who is at risk and the statistics of risk;
- Impact and harm of cyber bullying;
- What is the law, who is accountable and what are the legal age limits?
- As a parent how can I help navigate around harm online?
- What is predatory behaviour on the internet?
- What are the possible consequences of not following the advice?
- How many hours sleep a night do I need to succeed at school?
- What is the negative impact on my health of extreme use of looking at screens?
- How do I know who is contacting me?
- What can happen to my photos?
- What is cyber bullying?
- Sextortion; on line streaming abuse; stalking and how it works
- How to avoid hate crime and trolls;
- What are County Lines?
- What are the various apps and online games needing caution?
- What do I need to know to avoid a crisis occurring?
- What does viral look like, what is the dark web / deep web / surface web?
- Is social media and privacy settings secure and how to stay as safe as possible

Testimonies and Feedback:

Deputy Head and Pastoral care Heathmount Prep school, Watton At Stone, Herts – May 2017

Marilyn led a spellbinding presentation where the pupils were engaged from the outset. Her delivery, ability to capture imagination and engage the pupils is fantastic. I cannot recommend her highly enough.

Deputy Head teacher at Stanborough School, Welwyn, Herts Sept 2017

The presentations were responded to well by all year groups 7-13 and the parents thought it was fantastic. It's rare to receive e-mails the following day to say how engaging and relevant something was, on a school night!!

Head teacher St Peter's C of E Primary Blackburn June 2017

We were lucky enough to arrange training for our Year 5 and 6 children and a presentation for staff and parents at St Peter's CE Primary School in Darwen last week and I would like to express my thanks to EAUk for the hard work and commitment to raising awareness of these important issues for children and parents. The content of the training provided us with resources to support our teaching of online safety and child sexual exploitation at school and gave our parents a realistic insight into the dangers of social media. Many of my parents and staff made immediate changes to their own and their families use of social media websites and their use of IT equipment in the home.

Feedback from Young people:

- *I will be kinder online now;*
- *I will immediately delete some of my apps;*
- *I will monitor my time with online games:*
- *I will stop talking dirty online:*
- *I will stop speaking to strangers online;*
- *Why has nobody ever told us this information before?;*
- *All schools need this because it is different to usual training about Online issues;*
- *I had no idea about the Dark web!;*
- *The information really got into our heads*

Feedback from Parents:

- *Very helpful thank you;*
- *Truly enlightening;*
- *Had no idea I was so naïve;*
- *Better than I expected;*
- *Much more in depth than I imagined;*
- *A real education;*
- *So pleased my son had this today and he wanted me to come tonight;*
- *ALL parents should have been there;*
- *Delighted the school had you in for our children across year groups thank you school;*
- *We now have a fighting chance!!;*
- *I shan't be fobbed off anymore;*
- *Far more parental monitoring now;*
- *This has helped so much we can now engage and talk together with the kids.*