



# LEARNING SPACE



## BEREAVEMENT

### **Cruse Bereavement Care**

Cruse Bereavement Care is the UK's largest bereavement charity, which provide free care and bereavement counselling to people suffering from grief.

[cruse.org.uk](http://cruse.org.uk)

### **Winston's Wish**

Winston's Wish is the UK's childhood bereavement charity. It supports children and their families after the death of a parent or a sibling.

[www.winstonswish.org](http://www.winstonswish.org)

### **Bereavement Advice Centre**

[www.bereavementadvice.org](http://www.bereavementadvice.org)

### **Jigsaw4U**

Jigsaw4 is a charity that provides a wide variety of services across 5 London boroughs. Bereavement counselling; families; groups; 1:1 counselling in schools.

[www.jigsaw4u.co.uk](http://www.jigsaw4u.co.uk)

### **Books**

#### **Adult reading**

*Still here with me teenagers and children on losing a parent*

Suzanne Sjoqvist

#### **Teenagers**

*Sad Book*

Michael Rosen

#### **Younger Children**

*Sad isn't bad*

Michaelene Mundy

*Badgers Parting Gifts*

Susan Varley

### **Worksheets and Booklets**

*Grief Encounter* - A workbook to encourage conversations about loss between children and adults

Shelley Gilbert

*When Someone Very Special Dies* - Children can learn to deal with grief

Marge Heegaard

*Muddles Puddles and Sunshine* - practical and sensitive support for bereaved children

Diana Crossley

### **Resources**

Memory boxes, memorial balloons / lanterns, planting flowers.