



I can stay healthy by



Not touching my face, or biting my nails



Trying not to touch outside doors, handles, railings



I can help keep others healthy by



Coughing & sneezing into my elbow



Putting used tissue in the bin



Staying at home if I feel sick



Just like any other cold or flu  
Coronavirus will go away in  
a couple of months



I do not need to worry about it  
but if I am unsure I can talk to my caregivers



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