



Thrive is a dynamic developmental approach to working with children that supports their emotional and social wellbeing. It is based on the latest research from neuroscience, attachment theory and child development, drawing on research into the role of creativity and play in developing emotional resilience.

Knowledge of the social and emotional learning that takes place age appropriately supports the school in planning experiences, activities and opportunities to underpin each one. It reinforces our understanding that learning happens across the whole day, especially in break and play times where less structured interactions and experiences enable pupils to develop their social and emotional learning and apply skills that are vital for healthy development.






Learning to be skilful in relationships and ready for challenges requires experiencing, descriptive feedback, reflection, modelling and teaching from adults and peers. Addressing early emotional developmental needs builds resilience, decreases the risk of mental illness, prepares children to take their place within a community and equips them to be ready and willing to learn.

Life events can introduce episodes which become interruptions in some children's development. The Thrive programme supports staff in creating a differentiated provision in response to need of the child with reparative strategies as part of a systematic, carefully planned actions.

So at Ashford Park Primary School we use Thrive for all pupils needs appropriately woven within and across the day for all learning experiences. The Thrive practice is underpinned consistently by all staff across our whole provision, and is also used in response to identified or emerging need for any individual child. In these cases the school works with parents and carers on agreed action plans, reviewed and revisited as part of a structured and personal programme.

Our Thrive bases are, The Cove (main school), and Ladybird House (Acorn Centre), which are our hubs for individual or small group Thrive provision, facilitating and offering supportive programmes for pupils in a variety of ways across the school day.

At APPS we have a number of staff who are Licensed Thrive Practitioners or Mental Health First Aiders:

<p>Mrs Wootton Assistant Head Teacher Thrive Practitioner</p>		
<p>Miss Wall Thrive Practitioner Mental Health First Aider</p>		
<p>Mrs McKenna Thrive practitioner</p>		
<p>Mrs Pfiffner Mental Health First Aid Trainer</p>		
<p>Mrs Linehan Mental Health First Aider</p>		

Find out more from the Thrive website: [Thrive approach](#)