



Inspiring a love for lifelong learning

Physical Education Intent, Implementation and Impact Overview

At Ashford Park, it is our aim to promote participation in, and enjoyment of, physical activity and to allow our pupils to achieve a healthy and active outlook on life now and throughout their lives. We believe this can be achieved when PE learning in school is engaging, fun and achievable which will allow our pupils to attach a sense of enjoyment and success to PE and will develop the want and desire to continue it inside or outside of school.

Each year, all children experience rich learning in each area of the PE curriculum: games, gymnastics, dance, athletics, and outdoor and adventurous activities. In each area, within a general framework to ensure progression, children are encouraged to respond to challenges, express their ideas, and to develop and improve their skills and techniques. The children are taught skills in planning, performing and evaluating, with a strong emphasis placed upon co-operation, fair play and good sportsmanship. Children are also taught to recognise the importance of rules, safety and assessing risk.

The progression of skills and knowledge is carefully planned across the school, ensuring support and challenge are effectively implemented throughout. In Early Years, children need to show good control and coordination in large and small movements. They need to move confidently in a range of ways, safely negotiating space. In addition, children must understand the importance for good health, of physical exercise and a healthy diet and talk about ways to keep healthy and safe. Within our KS1 curriculum, children continue to develop the skills of control and coordination within PE settings. The children in Years 1 and 2 take part in units of work such as ball skills and fundamentals along with sport-specific activities such as dance, gymnastics and athletics. Within this key stage, they do not necessarily learn the rules and tactics to compete within a specific sport such as netball or football but will learn the start of some skills through the units of work for example invasion games and net and wall games. As each pupil progresses through to KS2, they build on the skills and knowledge they have learnt in KS1 and start to apply this to sport-specific units of work. Sports such as netball, football, tag rugby and tennis are all taught within KS2. Here, the children are able to use the raw skills learnt in Early Years and are able to apply them within a game or sporting environment. They understand and are aware of their abilities and limitations and are starting to become more aware of their personal journey within sport and physical activity. It is also within this key stage that the children have the opportunity to share their love and passion of physical education with others across the school by becoming active ambassadors of the Sports Crew. These children are role models and young leaders who collaborate with teachers and SLT to enrich the sport and physical opportunities provided to all pupils during break and lunchtimes, leading sessions for KS1 and KS2 themselves.



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Intent

We aim to inspire all children to develop a love of physical activity and sport. Through effective Physical Education, our whole school values (Belonging, Peace, Aspiration, Compassion, Resilience, Challenge and Kindness) and a whole child approach, we aim to nurture confident, resilient children who will strive for their personal best. We listen to our children's views and provide them with a range of active experiences and clubs. We want to aid our children in obtaining the values and skills to celebrate and respect the success of others, as well as modestly celebrating their own successes. We aim to ensure that our delivery of Physical Education allows all children to have the skills and mindset to leave primary school with the capabilities to be successful in their sporting challenges and active lifestyles at secondary school and beyond. Our pupils' personal and emotional development is paramount. We strive to educate our children to develop a greater understanding on how to live healthy lifestyles and to make healthy choices. We are dedicated to ensuring healthy minds and bodies and will continue to support our children's well-being. We have strong links with local clubs and partnerships within our community to ensure our children and families receive the support and knowledge they need.

Implementation

Our curriculum at APPS is delivered using a scheme of work called GetSet4PE. Here, we access detailed, differentiated lesson plans to allow for achievement for all pupils. The scheme provides progressive sequences of learning that correspond with and go beyond the National Curriculum requirements. To support the learning of these engaging lessons, they also provide helpful resources to support both the child's learning as well as the teacher's understanding of the sport/activity. For example, for tactical games such as netball, football and tag rugby, teachers are provided with rule cards to support the correct teaching of the games being learned. In addition, to embed the rich vocabulary used within our PE lessons, key vocabulary pyramids as well as knowledge organisers are accessible for the children to use and reflect upon in their learning. We regularly review the impact of our curriculum, making adaptations where necessary to improve teaching and learning. We believe that every child can succeed and therefore ensure that we maintain high expectations for all pupils, supporting and challenging individuals where required.

Impact

As subject lead, the impact of our PE curriculum is monitored in several ways. Firstly, it is very important to ensure that PE is being delivered consistently across the school. Learning walks are an effective way to observe this consistency, and it enables the PE subject lead to understand



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the effectiveness of our scheme of learning. Secondly, the thoughts and opinions of both staff and children are gathered. In order for children to want to take part in PE lessons, they have got to enjoy it; therefore, understanding what they are enjoying and what they would like to change is fundamental. Finally, as will all other subject areas, we use assessment as a tool to measure our curriculum impact. Here, teachers assess their pupils using the GetSEt4PE assessment criteria for each sport or activity they teach to ensure consistency of judgements and so that their assessment informs future planning.

Primary school PE is the fundamental starting point for children, and we aim to ensure that our delivery of Physical Education allows all children to have the skills and mindset to leave primary school with the capabilities and drive to be successful in their sporting challenges and active lifestyles at secondary school and beyond.