

Week 1 - Spring / Summer 2023 Menu

Week starting: 17th April, 8th May, 5th June, 26th June, 17th July, 18th September, 9th October



Twelve 15



Meat free
Monday

Tuesday

Wednesday

No added sugar
Shuggington
Thursday

Friday

Option 1

Cheese & Tomato Pizza
with Potato Tots

Pork Sausages
with Creamed Potato
& Gravy

Tomato Pasta Bake

Wholemeal Pasta
Beef Bolognese

Harry Ramsden's
Junior Battered Fish
with Oven Chips

Option 2

Plant Based Sausage
Roll with Potato Tots

Meat-Free Sausage
with Creamed Potato
& Gravy

Jacket Potato with
Cheese and / or Beans

Ricotta Cheese &
Spinach Wholemeal
Ravioli in Tomato Sauce

Garden Vegetable
Goujons
with Oven Chips

Vegetables

Coleslaw
Garden Peas

Sweetcorn
Green Beans

Carrots
Broccoli

Medley of Vegetables

Garden Peas
Baked Beans

Dessert

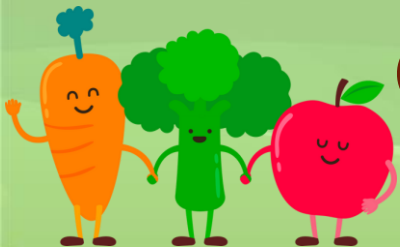
Shortbread Biscuit

Fruit Yoghurt

Orange & Mandarin
Jelly with Whipped
Creme Fraiche

Fresh Fruit Salad

Vanilla Ice Cream



Reduced sugar
and salt recipes

LESS
SUGAR

Free for everyone
in Reception,
Year 1 and 2

Unlimited freshly
baked bread and
vegetables, crudites or
salad bar every day

Look out for these symbols
on our healthy choices

Vegetarian Oily Fish
Wholegrain Fruity



We only use fish
from sustainable
sources

Harry Ramsden's
Junior



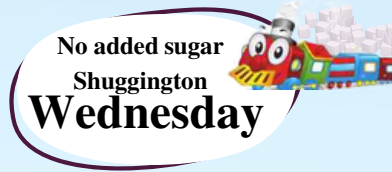
Designed by Twelve 15
Twelve 15
Favourites

Week 2 - Spring / Summer 2023 Menu

Week starting: 24th April, 15th May, 12th June, 3rd July, 4th September, 25th Sep, 16th October



Tuesday



Thursday

Friday

Option 1

Ricotta & Mozzarella Filled Ravioli in Tomato Sauce ♡

Beef Burger in a Bun with Oven Chips

Roast Chicken with Roast Potatoes & Gravy

Tomato Pasta Bake

Fish Fingers with Potato Tots

Option 2

Meat-Free ♡ Glamorgan Sausage with Potato Wedges

Southern Style Meat-Free Burger in a Bun with Oven Chips ♡

Quorn Fillet with Roast Potatoes & Gravy ♡

Jacket Potato with ♡ Cheese and / or Beans

Veggie Burrito ♡

Vegetables

Green Beans
Carrots

Garden Peas
Sweetcorn

Cauliflower
Carrots

Sweetcorn
Broccoli

Baked Beans
Garden Peas

Dessert

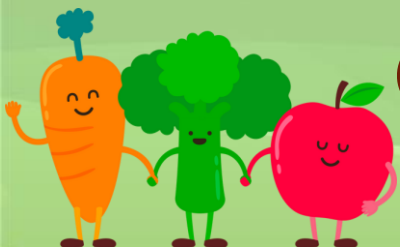
Banana Pancakes 🍓

Mixed Berry Mousse

Cheese & Biscuits with Apple Slices 🍓

Fruit Yoghurt

Chocolate & Beetroot Brownie with Whipped Creme Fraiche



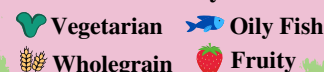
Reduced sugar and salt recipes



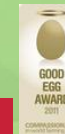
Free for everyone in Reception, Year 1 and 2

Unlimited freshly baked bread and vegetables, crudites or salad bar every day

Look out for these symbols on our healthy choices

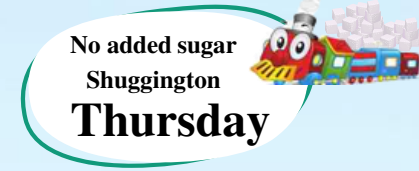


We only use fish from sustainable sources



Week 3 - Spring / Summer 2023 Menu

Week starting: 1st May, 22nd May, 19th June, 10th July, 11th September, 2nd October



Tuesday

Wednesday

Thursday

Friday

Option 1

Wholemeal Pasta Bake

BBQ Chicken with Rice

Roast Turkey Teddy Meatloaf with Roast Potatoes & Gravy

Tomato Pasta Bake

Harry Ramsden's Junior Battered Fish with Oven Chips

Option 2

Meat-Free Chilli Topped Wedges

Sweet Potato Whirl with Rice

Quorn Fillet with Roast Potatoes & Gravy

Jacket Potato with Cheese and / or Beans

Meat-Free Sausage & Tomato Roll with Oven Chips

Vegetables

Coleslaw Broccoli

Sweetcorn Garden Peas

Carrots Cabbage

Green Beans Sweetcorn

Baked Beans Garden Peas

Dessert

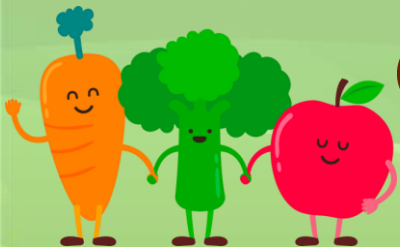
Fruit Yoghurt

Apple Muffin with Whipped Creme Fraiche

Strawberry Mousse

Fresh Fruit Salad

Waffle with Peaches & Whipped Creme Fraiche



Reduced sugar and salt recipes



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Look out for these symbols on our healthy choices



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