



**High Ashurst is a wonderful wide-open space for learning and self-discovery in the natural environment**



# High Ashurst Outdoor Education centre in Surrey

High Ashurst Outdoor Education Centre is set in 56 acres of woodland on Box Hill, near Dorking, in the tranquil Surrey Hills 'Area of Outstanding Natural Beauty'. The site has a colourful history with records dating back to 1706.

Our residential visits focus on developing the personal, social, physical and emotional health outcomes of the visiting groups through the many adventurous activities we have on offer.

[Welcome to High Ashurst](#)

## Key Information:

- Children to arrive at school at the normal drop-off time.
- All to bring a packed lunch for the first day – **No nuts or sesame products.**
- Drop bags in the school hall via the Gruffalo Gate, adults to sign-in medication; children go to class.
- Depart school by coach at 11 am Wednesday 4th March
- 3 days, 2 night stay at High Ashurst
- Depart High Ashurst at 1.30pm on Friday 6th March
- Return to school for usual pick-up time
- Parents and carers to collect children from the hall via the Gruffalo Gate

## Further information

- There is not a souvenir shop so children **do not need to take any money** with them.
- Children can bring a cuddly toy, a book and a small game such as UNO or Dobble.
- All children to bring a small torch.
- No electronics allowed at all, i.e. **no mobile phones, no cameras, no handheld electronic games.**

**All belongings must be named including clothes, towels, toiletry bags etc.**

**Your child will be responsible for their own belongings – APPS staff will remind children to keep their rooms and belongings tidy and will no doubt return with some lost property but if it is not named, we cannot guarantee it will be returned.**

# FAQs:

## **Is equipment provided?**

All safety equipment is provided.

## **What are the session times?**

Morning session 9.30am to 12.30pm

Afternoon session 1.30pm to 4.30pm

Evening sessions by arrangement however as a guide 6.15pm to 8.45pm

## **Are your staff qualified?**

All our staff hold the appropriate qualifications for the courses they are instructing on.

## **What if the weather isn't too good?**

We operate in all weather conditions, however the activity sessions may adapt and in some cases may be substituted for an appropriate alternative if the weather conditions will have an adverse affect.

## Archery



## Challenge Course



# High Ashurst activity descriptions

## Climbing



## High Ropes 1



## Orienteering



## Example of one of the APPS group activity schedules:

Session	Time	Ashford Park 1
Wed	13:30 - 15:00	Challenge Course (A)
Wed	15:00 - 16:30	Team Tasks (A)
Wed	18:30 - 20:30	Evening MA Session 2 hrs - Instructor led activity (A)
Session	Time	Ashford Park 1
Thu	09:30 - 11:00	Climbing (A)
Thu	11:00 - 12:30	Climbing (A)
Thu	13:30 - 15:00	Target Archery (B)
Thu	15:00 - 16:30	Woodland Skills (A)
Thu	18:30 - 20:30	Grand Hall
Thu	20:30 - 21:30	Marquee/Cabin Camp Fire - Self led (A) (100)
Session	Time	Ashford Park 1
Fri	09:30 - 11:00	Ropes 3 (A)
Fri	11:00 - 12:30	Ropes 3 (A)

Children will be in groups of 10, mixed across the classes.

# High Ashurst - Virtual Tour

**Accommodation – log cabins**

**The grounds**

**The Grand Hall – where we will eat breakfast and dinner**

# Log cabin residential

Our deluxe log cabins were built in 2010 to the highest environmental standards.

Insulated and double-glazed for energy efficiency, the cabins also feature wood-fueled heating run on sustainable locally-sourced wood pellets.

We are set on surpassing your expectations!

Each cabin is beautifully furnished, spacious and comfortable – the perfect place to relax and unwind after an exhilarating day in the outdoors!

A home away from home.









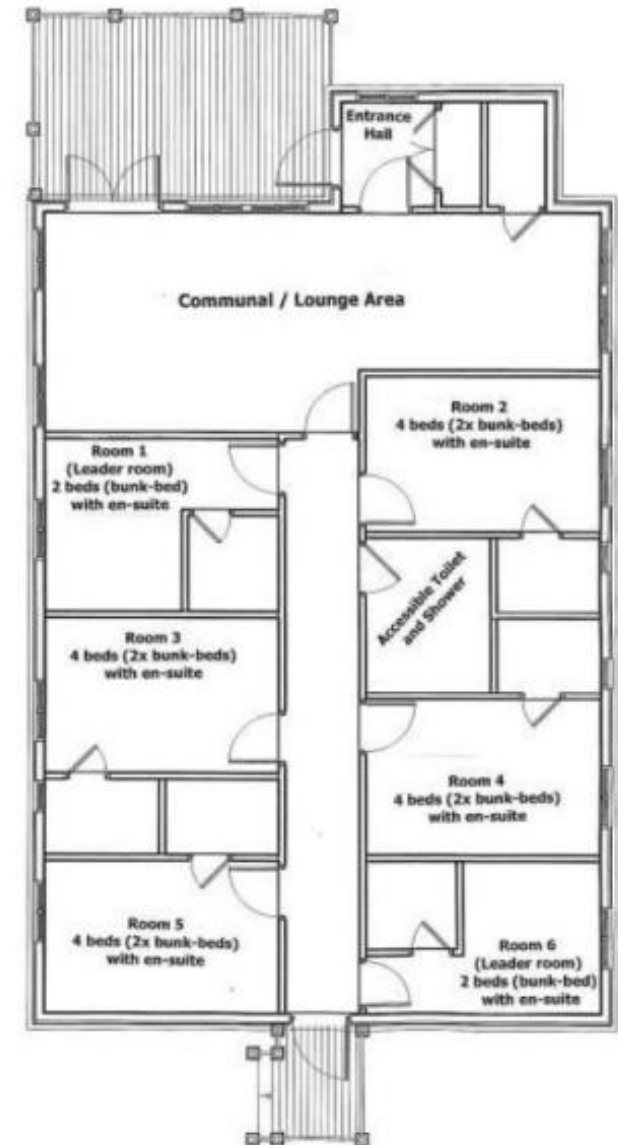
# The Cabins

Our three deluxe log cabins, Horizon, Outlook and Viewpoint, each sleep up to 20 people (including two group leaders) in six bedrooms.

You will sleep comfortably in sturdy wooden bunks and each bedroom has armchairs or plush bean-bags as well as an en-suite bathroom. You will find fresh laundered linen for the beds.

There is a spacious living room where you can chill out on the giant bean-bags or gather on the sofas to plan for the day ahead, or relax from your fun day at High Ashurst.

Each cabin has a kitchenette equipped with a small fridge, kettles, toasters, fruit squash and plenty of hot chocolate, tea and coffee. When staying in our log cabins it is compulsory to book our on-site catering as the kitchenettes are not equipped for self-catering.



# Food

We have been awarded the Eat Out Eat Well Gold Standard Award, which means our highly trained catering staff provide healthy eating options increased fruit and vegetables and decreased fat, sugar and salt.

We can cater for most specialised diets, for instance, vegetarians, coeliacs and guests with food allergies. All meals are freshly prepared on site.

Please discuss any special dietary requirements with us at least 2 weeks ahead of your booking, to ensure that we have the information at our fingertips to cater for all your needs.

When you check in your sitting time will be given to you, but meals are usually served between:

- 7.30am and 9.00am for breakfast
- 12.00pm and 1.30pm for lunch
- 5.30pm and 7.00pm for evening meal

# Sample menu

## **Breakfast**

Sausage, bacon, quorn sausage, fried or scrambled egg, baked beans, tomato, hash browns, butter and chocolate croissants, bread, toast and spreads, fruit, cereal, yoghurt.

## **Lunch**

Baguette or sandwich, crisps, fruit, cookie, muffin, flapjack and drink.

## Dinner

The sample menus below are for guidance only and meal combinations may vary.

**Sample 1** - Pasta bolognese, macaroni cheese/ratatouille, garlic bread, garden peas, jacket potato, salad bar followed by crumble & custard.

**Sample 2** - Sausage and mash, cauliflower cheese, roast vegetable bake, broccoli, gravy, jacket potato, salad bar followed by butterscotch tart with cream.

**Sample 3** - Chicken fajita, quorn enchiladas, three bean rice, potato wedges, sweetcorn, jacket potato, salad bar followed by eves pudding.

**Sample 4** - Beef and pork meatballs in smooth tomato sauce, penne pasta, cheesy pasta bake, garden peas, jacket potato, salad bar followed by chocolate brownies.

**Sample 5** - Beef lasagne, vegetarian mousakka, garlic bread, green beans, jacket potato, salad bar followed by ginger cake with cream/custard.

**Sample 6** - Chicken pie with crispy pastry top, butternut squash stroganoff, roasted rosemary new potatoes, farmhouse vegetables, jacket potato, salad bar followed by treacle pudding.

**Sample 7** - Chicken and chorizo gumbo, Moroccan aubergine and spinach tagine, rice, sweetcorn, jacket potato, salad bar followed by jam sponge/tart and custard.

**Sample 8** - Chicken curry, aloo gobi, rice, naan or popadoms, jacket potato, salad bar followed by belgian waffle, toffee sauce and ice cream.

**Sample 9** - Chilli con carne, quorn/bean chilli, rice, green beans, jacket potato, salad bar followed by banoffee pie/cake.

**Sample 10** - Southern fried chicken breast, potato wedges, spicy rice, sweetcorn, oriental black bean vegetables, jacket potato, salad bar followed by sticky toffee pudding.

**Sample 11** - Chicken bacon and leek pasta bake, smooth tomato sauce with pasta, garlic bread, garden peas, jacket potato, salad bar followed by chocolate roulade.

**Sample 12** - Sweet and sour chicken, vegetable stir fry, rice/noodles, jacket potato, salad bar followed by peach melba.

**Sample 13** - Cottage pie, Mediterranean tart, mash potato, farmhouse vegetables, jacket potato, salad bar followed by lemon drizzle cake.

**Sample 14** - Casserole with dumplings, new potatoes, broccoli, jacket potato, salad bar followed by shortbread stack.

## [High Ashurst Kit List.pdf](#)

### **High Ashurst Kit List**

#### **Everything must be named.**

Your child will be responsible for bringing home all of their belongings.

You may choose to give your child a copy of this list so that they can tick off items as they pack before departing High Ashurst.

**Medication** must be handed to a member of staff on the morning of departure.

The medical consent and administration form must be completed and signed by the parent/carer. If there are any changes regarding diet, medication or illnesses between the submission of the original form and the day of departure, please make sure the appointed member of staff is notified.

All bedding is provided.

Item	Tick	Item	Tick
Towel and wash kit including: Flannel Toothbrush Toothpaste Shower gel		Appropriate clothing for the weather - jumper, trousers, long sleeved t-shirt	
Slippers or thick socks to wear around the cabin		Old pair of trainers (flip-flops, crocs or open back/toe shoes are not suitable)	
<u>Pyjamas</u>		Warm coat	
Extra clothes for the following day		Waterproofs	
2 black bin liners: 1 for any wet clothes 1 for other washing		Hat and gloves/sun cream and sun hat	
Torch		Named water bottle and a nut-free packed lunch (for the Wednesday)	

## What next:

- To ensure that pupils do not miss out on this experience, the deadline for deposits and for you to confirm your child's place on the trip will be **Friday 24th of October 2025** (end of this half term).
- The cost of the trip will be **£190 with a non-refundable deposit of £30**.
- Consent, deposit and further payments should be made via Arbor.
- Medical and dietary requirement forms and kit lists will be emailed home once we have final numbers.

**This presentation will be available on the APPS website on the Year 4 page, under the Learning tab on the home page.**

**Any questions FAO Mrs Allen via [info@ashford-park.surrey.sch.uk](mailto:info@ashford-park.surrey.sch.uk)**