



w/c: 12th Nov, 3rd Dec, 31st Dec 2018, 21st Jan, 11th Feb, 11th March, 1st April 2019

Autumn/Winter 2018-19

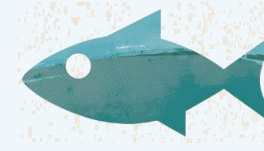
Week 3

Monday	Tuesday	Wednesday	Thursday	Friday
Homemade Cheese & Tomato Pizza	Organic Minced Beef Pie topped with Golden Puff Pastry & served with Mashed Potato & Gravy	Roast British Chicken with Roast Potatoes & Gravy	Organic Beef Burger in a High Fibre Bun with Tomato Sauce & Butternut Squash	Pollock Fish Fingers served with Country Style Potatoes
Jacket Potato filled with BBQ Baked Beans	Quorn Butternut Squash Curry with Rice	Cauliflower Cheese Served with Roast Potatoes	Veggie Burger in a High Fibre Bun with Tomato Sauce & Butternut Squash	Quorn Sausage Roll served with Country Style Potatoes
Tomato Pasta	Jacket Potato and Baked Beans	Cheesy Pasta	Tuna Baguette	Jacket Potato with Cheese
Winter Salad and Garden Salad	Green Cabbage Sweetcorn	Broccoli Florets and Carrott Batons	Sweetcorn and Coleslaw	Crushed Peas and Baked Beans
Iced Sponge	Fruit Yogurt Selection	Jelly served with Fresh Fruit & Crème Fraiche	Apple & Cinnamon Cobbler with Custard	Chocolate Cookie with a Glass of Organic Milk

- We offer unlimited bread & vegetables to our customers.
- All our desserts are suitable for Vegetarians.
- Fresh fruit & yoghurts are available as an alternative to the advertised dessert.



All of our meat, poultry, cheese and milk is Red Tractor Farm Assured or Organic.



We never use fish on the Marine Conservation Society 'fish to avoid' list.