



Judo at Ashford Park School JANUARY 2019

Fighting Fitness Judo will be running a AFTER school Judo Club at Ashford Park School.

**Why Fighting Fitness Judo? Professional * Reliable * British Judo Approved provider *
Team of coaches * Official Gradings * Additional classes & opportunities available * Online
booking * Full time office staff to help you with enquiries ***

FFJ teaches over 650 children Judo across Surrey in Schools and at Club classes in Woking, Guildford & Feltham. Judo will help children develop fitness, gain new skills, build confidence, make new friends, learn respect, discipline, but more importantly have fun! We offer all of the children the opportunity to take part in Official British Judo Association gradings, Club competitions, holiday camps and additional club classes (optional as additional costs).

Where: Ashford Park School

When: Thursdays 3.20- 4.05pm

Term dates: w/c Mon 14th Jan- w/c Mon 1st April (Half term w/c 18th Feb)

Cost: £68 per child (MIN AGE 5)

Book now: <https://www.fightingfitnessjudo.com/schoolsjudo> places are limited & allocated on first come first serve basis.

We also run Club classes weekday evenings and Saturdays, contact us for more information.

Kind regards

Sam & Vince

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