

YOUR Menu



w/c: 22 Apr/13 May/10 Jun/1 Jul/
22 Jul/16 Sep/7 Oct

Spring/Summer 2019

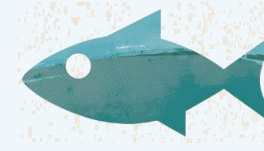
Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
Mild Chicken Curry served with Rice	Homemade thin crust Ham & Cheese Pizza with Potato Wedges	Roast British Chicken & Sage & Onion Stuffing with Roast Potatoes & Gravy	Beef Meatballs served with BBQ Sauce & Rice	Breaded Pollock Fillet served with Potato Wedges
Veggie Bean Wrap (G)	Sweet Potato Dahl with Rice (G)	Quorn Fillet with Sage & Onion Stuffing, Roast Potatoes & Gravy (G)	Quorn Sausage Roll & Wedges (G)	Cheese & Tomato Whirl served with Potato Wedges (G)
Jacket Potato with Cheese (Y)	Tomato Pasta (Y)	Jacket Potato with Tuna (Y)	Macaroni Cheese (Y)	Jacket Potato with Baked Beans (Y)
Sweetcorn or Salad	Summer Salad with Garden Peas	Diced Carrot & Swede Spring Greens	Sweetcorn Broccoli	Baked Beans and Garden Peas
Fruit Yogurt Selection	Carrot Cake with frosted topping	Fresh Fruit Platter	Banana Muffin	Fruity Flapjack

- We offer unlimited bread & vegetables to our customers.
- All our desserts are suitable for Vegetarians.
- Fresh fruit & yoghurts are available as an alternative to the advertised dessert.



All of our meat, poultry, cheese and milk is Red Tractor Farm Assured or Organic.



We never use fish on the Marine Conservation Society 'fish to avoid' list.